

# Hot Sensations

## GrillBurgers™

	SERVING SIZE g	CALORIES	CALORIES FROM FAT	TOTAL FAT g	SATURATED FAT g	TRANS FAT g	CHOLESTEROL mg	SODIUM mg	CARBOHYDRATES g	DIETARY FIBER g	SUGARS g	PROTEIN g	% of daily value VIT. A	% of daily value VIT. C	% of daily value CALCIUM	% of daily value % IRON
Classic GrillBurger™ No Cheese	240	600	290	33	12	3	90	1100	48	<1	7	28	10	30	8	20
1/2 lb. GrillBurger™ No Cheese	326	860	480	53	21	5	155	1340	48	<1	7	49	10	30	10	30
Bacon Cheese GrillBurger™	247	750	410	46	19	4	125	1470	47	<1	7	37	10	20	20	20
Mushroom Swiss GrillBurger™	221	750	440	49	16	4	115	860	43	0	5	32	4	15	20	15
California GrillBurger™	219	690	400	44	13	4	100	730	43	0	6	28	6	25	8	15
Cheddar Cheese, 1 slice	19	80	60	6	4	0	20	115	0	0	0	5	4	0	15	0
Swiss Cheese, 1 slice	14	60	35	4	2.5	0	15	30	0	0	0	4	2	0	15	0
Monterey Jack Cheese, 1 slice	19	70	50	6	3.5	0	20	120	0	0	0	5	4	0	15	0
American Cheese, 1 slice	14	50	40	4.5	2.5	0	15	260	0	0	0	3	4	0	8	0

## Hot Sandwiches

Grilled Turkey Sandwich	281	730	400	45	10	5	95	1770	45	<1	3	33	10	20	15	120
Grilled Chicken Sandwich	217	520	240	26	4.5	2	80	1190	44	0	6	25	6	25	6	6
Crispy Chicken Sandwich	240	690	340	37	6	4	65	1260	64	2	11	22	6	25	10	25

## Hot Dogs

Classic Hot Dog	148	400	240	27	11	1.5	55	1190	26	1	5	15	4	35	8	15
Classic Chili Cheese Dog	205	510	310	35	15	2	75	1400	29	2	6	21	10	35	20	20

## Salads

VALUES FOR SALADS DO NOT INCLUDE DRESSING OR CROUTONS

House Salad Entree	316	120	45	5	3	0	15	125	12	4	8	6	120	60	15	8
Crispy Chicken Salad	392	350	180	20	6	2.5	40	620	21	6	9	21	120	60	15	10
Grilled Chicken Salad	389	240	90	10	5	0	65	950	12	4	7	26	120	60	15	8
Crispy Chicken Caesar Salad	215	280	150	16	5	2.5	35	580	14	4	2	21	60	45	25	10
Grilled Chicken Caesar Salad,	213	170	60	7	3	0	60	910	4	2	1	26	60	45	25	8
CROUTONS	21	70	35	4	0	0	0	170	8	0	0	1	0	0	0	2
Side Salad, No Dressing	126	60	25	2.5	1.5	0	5	60	6	2	4	3	90	30	6	2
DQ® Honey Mustard Dressing	57	260	190	21	3.5	0	20	370	18	0	11	1	0	0	2	6
Wishbone® Fat Free Italian Dressing	43	25	0	0	0	0	0	520	6	0	4	0	2	0	0	0
DQ Bleu Cheese Dressing	57	210	180	20	4	0	5	700	4	0	2	2	2	0	6	0
DQ Caesar Dressing	57	330	300	34	6	0.5	30	690	4	0	3	<1	0	0	8	240
DQ Ranch Dressing	57	310	300	33	5	0.5	25	390	3	0	2	1	0	0	2	0
Fat Free Honey Mustard Dressing	43	50	0	0	0	0	0	160	13	0	7	0	0	0	0	0
Reduce Calorie Buttermilk Dressing	43	140	120	13	2	0	15	390	5	0	2	0	0	0	2	0
Fat Free Thousand Island Dressing	43	60	0	0	0	0	0	400	16	0	10	0	2	0	0	0
Fat Free Ranch Dressing	43	60	0	0	0	0	0	410	13	1	4	1	0	0	0	0
Fat Free Red French Dressing	43	40	0	0	0	0	0	330	10	0	7	0	2	0	0	2
Fat Free Italian Dressing	43	10	0	0	0	0	0	390	3	0	1	0	0	0	0	0
Fat Free Buttermilk Ranch Dressing	43	35	0	0	0	0	0	440	6	0	3	1	0	0	2	0

## Entrees

VALUES FOR ENTREES DO NOT INCLUDE DRESSING, SAUCES OR GRAVY

Chicken Strips, 4 strips	174	400	210	24	4.5	5	40	740	21	4	4	26	0	0	2	8
Chicken Strips, 6 strips	261	600	320	35	7	7	60	1110	31	6	6	39	0	0	4	10
Buffalo Chicken Strips, 4 strips	200	540	270	30	6	6	65	2560	36	3	2	31	0	15	4	20
Buffalo Chicken Strips, 6 strips	300	810	410	45	9	8	95	3840	54	5	3	46	0	25	4	30
White Peppered Gravy, 3.5 oz.	109	90	50	6	1.5	2	0	440	9	0	0	1	0	0	0	0
Fish Fillets, 4, No Tartar Sauce	168	440	220	24	8	5	40	1020	40	0	2	18	0	0	0	8
Fish Fillets, 6, No Tartar Sauce	252	660	330	36	12	8	60	1530	60	0	3	27	0	0	0	12
Tartar Sauce, 2 oz.	57	220	220	24	3	0	30	560	2	0	0	0	0	0	0	0
Chicken Quesadilla	212	550	280	31	17	2	90	1160	35	3	2	32	15	8	45	15
Vegetable Quesadilla	156	440	220	25	13	2	55	690	34	3	2	20	15	8	45	15
Salsa	57	15	0	0	0	0	0	250	4	<1	2	1	6	15	2	4
Sour Cream	57	120	110	12	7	0	25	30	2	0	0	2	8	0	6	0
Dinner Roll	46	160	50	6	1	1	15	210	21	0	3	4	0	8	4	2

## Fries, sides & appetizers

French Fries, 5 oz.	142	380	140	15	3	4	0	880	56	4	<1	4	0	20	2	6
French Fries, 7 oz.	198	530	190	21	4	6	0	1225	78	6	<1	6	0	30	4	8
Onion Rings, 4 oz.	113	470	270	30	6	7	0	740	45	3	7	6	0	10	2	8
Onion Rings, 5 oz.	142	590	330	37	7	9	0	930	56	4	9	7	0	15	4	8

# Chilled Temptations

## Blizzard® Flavor Treats

	SERVING SIZE g	CALORIES	CALORIES FROM FAT	TOTAL FAT g	SATURATED FAT g	TRANS FAT g	CHOLESTEROL mg	SODIUM mg	CARBOHYDRATES g	DIETARY FIBER g	SUGARS g	PROTEIN g	% of daily value VIT. A	% of daily value VIT. C	% of daily value CALCIUM	% of daily value % IRON
Small Oreo Cookies Blizzard®	283	570	190	21	10	2.5	40	430	83	<1	64	11	20	2	35	15
Med. Oreo Cookies Blizzard®	334	700	240	26	12	4	45	560	103	1	77	13	20	2	40	15
Large Oreo Cookies Blizzard®	500	1010	340	37	18	5	70	770	148	2	113	19	30	4	60	25
Sm. Choc. Chip Cook. Dough Blizzard®	319	720	250	28	14	2.5	50	370	105	0	78	12	30	2	35	15
Med. Choc. Chip Cook. Dough Blizzard®	446	1030	360	40	20	4	70	520	150	0	112	17	40	2	45	20
Lg. Choc. Chip Cook. Dough Blizzard®	560	1320	470	52	26	5	90	670	193	0	143	21	50	4	60	25
Small Banana Split Blizzard®	297	460	130	14	9	0	40	210	73	<1	63	10	20	8	35	8
Medium Banana Split Blizzard®	382	580	150	17	11	0.5	50	260	97	1	83	12	25	15	40	10
Large Banana Split Blizzard®	527	810	210	23	15	1	70	360	134	2	115	17	30	20	60	15

## Cones

Small Vanilla Cone	142	230	60	7	4.5	0	20	115	38	0	27	6	10	2	20	6
Med. Vanilla Cone	198	330	90	9	6	0	30	160	53	0	38	8	15	4	25	10
Large Vanilla Cone	284	480	130	15	9	0.5	45	230	76	0	55	11	20	6	35	15
Small Dipped Cone	156	340	150	17	9	1	20	130	42	1	31	6	10	2	20	6
Medium Dipped Cone	220	490	220	24	13	1.5	30	190	59	1	43	8	15	4	25	10
Large Dipped Cone	312	710	330	36	17	2.5	45	250	85	0	63	12	20	6	35	15

## Royal Treats

Classic Banana Split	369	510	100	12	8	0	30	180	96	3	82	8	20	25	25	10
Peanut Butter Blast™	269	700	340	37	19	0	35	380	79	2	64	12	15	2	25	6
Peanut Buster Parfait®	305	730	280	31	17	0	35	400	99	2	85	16	15	2	30	6
Brownie Earthquake®	304	740	240	27	16	3	50	350	112	0	86	10	15	0	25	10
Strawberry Shortcake	241	430	120	14	9	1	60	360	70	1	57	7	10	10	25	10
Pecan Praline Parfait	305	720	260	29	11	0.5	30	610	105	1	81	9	15	2	30	6

## Novelties

Starkiss® Bar	85	80	0	0	0	0	0	10	21	0	21	0	0	0	0	0
DQ® Fudge Bar	66	50	0	0	0	0	0	70	13	0	3	4	6	0	10	0
DQ® Vanilla Orange Bar	66	60	0	0	0	0	0	40	17	0	2	2	2	0	6	0
Chocolate Dilly® Bar	85	210	120	13	7	0	10	75	21	0	17	3	6	0	10	2
Buster® Bar	149	450	260	28	12	1	15	280	41	2	33	10	8	0	15	6